MANAGING FATIGUE POLICY

As part of our overall health and safety policy, AB2K recognises that fatigue is a major health and safety risk that we must control effectively. AB2K is fully committed to managing and mitigating fatigue risks and ensuring staff receive enough rest to perform their duties safely.

Our policy, procedures and management system have been developed in accordance with our responsibilities under the following:

- HSWA 1974
- MHSWR 1999
- Working Time Regulations 1998
- Regulation 25 of the railways and other guided transport systems (safety) regulations 2006 (ROGS)
- NR/L2/OHS/003 – Fatigue Risk Management

To achieve this, we will

- Develop and implement a robust fatigue risk management system (FRMS) which will form part of our Safety Management System
- Commit the necessary resources to develop and sustain the FRMS on an ongoing basis
- Include fatigue as an agenda item in Health & Safety meetings comprising of managers and employee representatives
- Introduce effective controls at individual, job and organisational levels
- Ensure all staff representative groups are included during fatigue discussions
- Have in place processes to manage and mitigate the risks of the workforce becoming fatigued
- Monitor and review current fatigue controls for continued effectiveness
- Collect and use the necessary data, including the fatigue reporting system for reporting errors, adverse events and concerns which could have a fatigue element.
- Identify arrangements for training, communication and information for all staff on fatigue issues.

It is essential that management show commitment to monitoring and managing fatigue and the whole Company co-operates. Managing fatigue will only be realised with the full involvement and commitment of leadership and staff alike at every stage of the process including the creation of an organisational culture in relation to fatigue, where staff and managers feel encouraged to honestly share, discuss and process fatigue issues.

John Murphy,
Managing Director

Reviewed by: Melanie Webb
Date: 30th May 2022
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